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| **Produce**   * Baby spinach, fresh, two 6-oz. Bags * Bok choy, 1 lb. * Carrots, 8 * Garlic * Lemons, 2 * Mixed baby greens, 2 bags * Red onion, 1 * Rosemary (optional, for lasagna) * Sweet onion, 1 * Lettuce (for burgers) * Tomatoes, 2 (for burgers)   **Bread & Baked Goods**   * Hamburger buns * Sourdough bread   **Condiments, Dressings & Oils**   * Lee Kum Kee Sriracha chili sauce * Salsa (I prefer Herdez red and green) * Seasoned rice vinegar * Sesame oil * Soy sauce   **Meats**   * Chicken breasts, boneless skinless, 1 lb. * Ground turkey, 1-1/4 lb. * Whole rotisserie chicken * Salmon fillets, 2-3 * Turkey burger patties * Turkey sausage (uncooked), 1 lb.   **Canned Foods, Soups & Mixes**   * Artichoke hearts * Chicken broth: one can, three 32-oz. boxes, and one 48 oz. box * Corn, small can * Petite diced tomatoes, 3 cans * Red kidney beans, small can * Vegetable broth, 1 can | **Grains & Pasta**   * Medium grain rice * Lasagna noodles, no boil * Pasta sauce, 28 oz. * Vegetable or whole wheat pasta, 1 box * Wild rice   **Dairy**   * Cheese slices (optional, for burgers) * Grated mexican blend cheese (optional, for taco salad) * Grated mozzarella cheese, 16 oz. * Grated parmesan cheese * Milk (for dumplings) * Seasoned feta cheese, 4 oz. (plain is also fine) * Sour cream (optional, for taco salad)   **Frozen**   * French fries (substitute fresh potatoes if making your own fries) * Frozen chopped spinach, 16 oz. * Frozen peas   **Baking & Cooking**   * Baking mix   **Snacks**   * Corn chips   **Other Foods**   * Taco seasoning |