

## **Produce**

- Baby carrots
- 16 oz. salad greens
- 3 bunches green onions
- 4 medium tomatoes
- 1 English cucumber (the long ones wrapped in plastic)
- Avocado (or prepared guacamole), optional for carnitas
- Finely shredded cabbage, optional for carnitas
- 8 medium potatoes
- 4-8 oz. mushrooms (depending on how much you like them)
- 1 bunch asparagus
- Any extra veggies you like for side salad

## **Bread & Baked Goods**

- 4-6 French rolls
- Sourdough loaf
- 10-12 small tortillas

## **Condiments, Dressings & Oils**

- Soy sauce
- Olive oil
- Red wine vinegar
- Kalamata olives
- 16 oz. green salsa, plus more to top carnitas
- Dijon mustard
- BBQ sauce
- Hot sauce
- Zesty Italian salad dressing mix packet
- Dressing of choice for side salad

## **Meats**

- 3-4 pound lean beef roast
- Boneless skinless chicken breasts, 12 pieces, about 5 pounds
- 3-4 pound pork roast
- 1 pound bacon
- 1 pound raw Italian sausage

## **Canned Foods, Soups & Mixes**

- Beef bouillon cubes
- 14-oz. can beef broth
- 10.75-oz can reduced fat cream of chicken soup

## **Grains & Pasta**

- Whole wheat pasta shells
- 12-16 oz. package fettuccine
- whole wheat egg noodles
- 28-oz. parmesan and vodka pasta sauce

## **Dairy**

- Butter (or butter substitute)
- Reduced-fat feta cheese (small container)
- Milk (3 cups for recipes)
- Block of sharp cheddar cheese
- Mexican blend shredded cheese
- 4 oz. reduced fat cream cheese
- small container sour cream

## **Frozen**

- Tater tots

## **Baking & Cooking**

- Dried rosemary
- Dried oregano
- Dried basil
- Dried dill
- Dried cilantro
- Ground cumin
- Onion powder
- Garlic powder
- Chili powder
- Paprika
- Cayenne pepper, optional
- Ground thyme
- Bay leaves

## **Snacks**

- Corn chips

## **Other Foods**

- Taco seasoning

